

Course Code: **iTA-3M**

Course Duration: **1 Day (6 Hours)**

Session Duration: **1 Hour and 30 Minutes**

Course Name: **E-Safety for Students**

Delivery Mode: **Blended**

## Session I: Exploring new digital era

- **Digital Citizenship**
  - What is Digital Citizenship
  - Elements of Digital Citizenship
  - Commitments from Digital Citizens
- **Digital Footprint**
  - What are your digital footprints?
  - Digital Dossier
  - Tips for managing digital

## Session II: Be secured while online

- **Perfect Password**
  - Characteristics of weak passwords
  - Characteristics of strong passwords
- **At cyber cafe**
  - Major Risks and Dangers in Cyber Cafe
  - Tips for Cyber Cafe visitor Child Friendly Cyber Cafe
- **E-mail Safety**
  - Ways to combat SPAM
  - Email Spoofing & Bombing
  - Attachment safety

## Session III: Ethical Issues

- **Copyright**
  - What can be protected?
  - What Does Copyright Give Rights Holders?
- **Plagiarism & Intellectual Property**
  - Patents & Trademarks
  - Cybersquatting
  - Protect your Intellectual Property

- Plagiarism Checker

- **Sexting**

- Potential Consequences
- Sexting and the Law

- **Online Grooming**

- What is Online Grooming?
- Grooming effects
- Sign of Grooming

### **Session III: Threats & Opportunities**

- **Social Engineering**

- Why Social Engineering?
- Social Engineering Techniques ( Pretexting, Quid Pro Quo, Baiting, Tailgating, Shoulder Surfing, Dumpster Diving, Phishing scams, Fake Software)

- **Cyber Bullying**

- 8 forms of Cyberbullying
- Reacting Cyberbully
- Tips to stop Cyberbullying

- **Social Media: Effective ways to handle**

- Your responsibility
- Are you safe in social media?
- Guidelines

- Final Assignment
- Post Survey
- Certificates

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Course Code: **ITA-3TR**

Course Name: **Teachers and Parental role in Safer Internet**

Course Duration: **1 Day (4 Hours and 30 Minutes)**

Delivery Mode: **Blended**

Session Duration: **1 Hour and 30 Minutes**

## Session I: Parental Role in safer Internet

- What is my child doing online?
- How do I talk to my child about what they're up to online?
- What risks my child might face?
- Know what to do if something goes wrong

## Session II: What Parents Can Do?

- Positive Benefits of Online Activities
- Parenting Tips
- How to be involved in your child's online life

## Session III: Tools for Parents

- Educational Tools
- Reporting Tools
- Technical Tools

- Pre/Post Survey
- Follow up

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